









# Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	<p>Cheese &amp; Tomato Pizza served with Garlic Bread</p> 	<p>All Day Sausage Breakfast served with Baked Omelette, Diced Potatoes &amp; Baked Beans</p>	<p>Roast Chicken, Roast Potato and Gravy</p>	<p>Creamy Korma Style Chicken Curry served with Mixed Rice</p> 	<p>Friday Fish Fingers served with Chips &amp; Tomato Ketchup</p>
<b>Vegetarian Main Meal</b>	<p>Creamy Vegetable Penne Pasta Carbonara</p> 	<p>All Day Veggie Sausage Breakfast Served with Diced Potatoes &amp; Baked Beans</p>	<p>Veggie Mince Cottage Pie and Gravy</p>	<p>Sweet Potato, Spinach &amp; Chickpea Korma (Ve) Served with Mixed Rice</p> 	<p>Cheese Flan Served with Chips &amp; Tomato Ketchup</p>
<b>Jacket Potato</b>	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>
<b>Vegetable Selection</b>	<p>Selection of Daily Vegetables &amp; Mixed Fresh Salad</p>	<p>Selection of Daily Vegetables &amp; Mixed Fresh Salad</p>	<p>Selection of Daily Vegetables &amp; Mixed Fresh Salad</p>	<p>Selection of Daily Vegetables &amp; Mixed Fresh Salad</p>	<p>Selection of Daily Vegetables &amp; Mixed Fresh Salad</p>
<b>Dessert</b>	<p>Marble Sponge &amp; Custard</p>	<p>Chocolate Shortbread Biscuits (Ve) &amp; Fruit Slices</p> 	<p>Iced Banana Traybake</p>	<p>Oat &amp; Raisin Cookie (Ve) &amp; Fresh Watermelon Slice</p> 	<p>Chocolate Ice Cream</p>

Available Daily: Fresh Salad, Fresh Bread, Fresh Fruit

<p>Portion(s) of fruit or veg</p> 	<p>Source of wholegrain</p> 	<p>Contains plant-based proteins</p> 	<p>50% fruit</p> 	<p>Oily fish</p> 
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**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**








Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





## Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Macaroni Cheese	Summer Hot Dog Baguette and Wedges 	Roast Chicken served with Roast Potatoes & Gravy	Pasta Bolognese 	Friday Fish Fingers served with Chips & Tomato Ketchup
<b>Vegetarian Main Meal</b>	Vegetable Enchiladas Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage Hot Dog Baguette and Wedges 	Veggie Mince Cottage Pie and Gravy	Cheese & Tomato Pizza served with Garlic Bread 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
<b>Jacket Potato</b>	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise
<b>Vegetable Selection</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh slice of Watermelon (Ve) 	Homemade Shortbread Biscuits (Ve)

Available Daily: Fresh Salad Fresh Bread, Fresh Fruit

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 

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## Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	<b>Cheese &amp; Tomato Pizza served with Garlic Bread</b> 	<b>Farm Assured</b> <b>Pork Sausage Roll with Baked Potato Wedges</b>	<b>Roast Chicken</b> <b>served with Roast Potatoes &amp; Gravy</b>	<b>BBQ Chicken and Baked potato Wedges</b>	<b>Friday Fish Fingers</b> <b>served with Chips &amp; Tomato Ketchup</b>
<b>Vegetarian Main Meal</b>	<b>Mildly Spiced Vegetable Chilli &amp; Rice (Ve)</b> <b>NDP</b> 	<b>Cheese &amp; Onion Puff Pastry Roll served with Baked Potato Wedges</b>	<b>Veggie Mince Cottage Pie and Gravy</b>	<b>Tomato and Basil Pasta</b>	<b>Homemade Cheese &amp; Tomato Pizza Whirl &amp; Chips</b>
<b>Jacket Potato</b>	<b>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</b>	<b>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</b>	<b>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</b>	<b>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</b>	<b>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</b>
<b>Vegetable Selection</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>
<b>Dessert</b>	<b>Baked Apple Sponge served with Custard</b> 	<b>Tutti Frutti Jelly and Mandarins (Ve)</b> 	<b>Freshly Baked Vanilla Cookie (Ve)</b>	<b>Zesty Lemon &amp; Blueberry Yoghurt Cake</b>	<b>Homemade Flapjack (Ve)</b>

Available Daily: Fresh Salad, Fresh Bread, Fresh Fruit

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 

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